

Diphenhydramine (Benadryl) Dosage Table

For treatment of allergic reactions, nasal allergies, and hives

| Child's Weight (Pounds) | 20-24 | 25-37 | 38-49 | 50-99 | 100+ |
|--------------------------|-------|-----------------|---------------------|------------------|------------|
| Liquid 12.5 mg/5 mL | 4 mL | 5 mL (1 tsp) | 7.5 mL (1 ½ tsp) | 10 mL (2 tsp) | -- |
| Chewable 12.5 mg Tablets | -- | 1 tab | 1 ½ tab | 2 tabs | 4 tabs |
| Adult 25 mg Tablets | -- | ½ tab | ½ tab | 1 tab | 2 tabs |
| Adult 25 mg Capsules | -- | -- | -- | 1 capsule | 2 capsules |

- **AGE LIMITS:** Do not use under 1 year of age unless directed by provider
- **MEASURING THE DOSAGE:** Syringes and droppers are more accurate than teaspoons. If possible, use the syringe or dropper that comes with the medicine. If not, medicine syringes are available at pharmacies. If you use a teaspoon, it should be a measuring spoon. Remember that 1 level teaspoon equals 5 mL, and that ½ teaspoon equals 2.5 mL
- **FREQUENCY:** **Under 6 years of age:** Repeat every 6-8 hours as needed (Exception: do not use under 1 year unless directed by provider). **6 years of age and older:** Repeat every 4-6 hours as needed

